

SEPTEMBER 2023



NorWest Community
Health Centres
Centres de santé
communautaire NorWest

MON	TUE	WED	THU	FRI
				1
4	5	6	7 LifeLabs Walk-In Clinic 8:30am-4:30pm	8
11 Mobile Clinic - Armstrong 1pm-6pm	12 Fly the C.O.O.P Walking Group Mobile Clinic - Armstrong 8:30am-12pm Walk-In Clinic 8:30am-8:00pm	13	14 LifeLabs Walk-In Clinic 8:30am-4:30pm	15
18 Walk-In Clinic 8:30am-4:30pm	19 Fly the C.O.O.P Walking Group Grocery tour with our Dietitian	20	21 LifeLabs Hearing Clinic 12:30pm-3:30pm	22
25	26 Fly the C.O.O.P Walking Group	27 Walk-In Clinic 8:30am-4:30pm	28 LifeLabs Mobile Clinic - Upsala 10am-3:30pm Hearing Clinic 10am-Noon	29 Tea and Talk 10am-Noon

Kakabeka Site

4785 ON-11 Unit B,
Kakabeka Falls,
ON P0T 1W0

(807) 473-5528

PROGRAM INFO.

Call Shaun at (807) 473-5528
ext.1 to register for all programs

Fly the C.O.O.P Walking Group
Meets outside of the Kakabeka site

Grocery tour with our Dietitian
1-2pm at Odena Foods

Tea and Talk
Nolalu Community Centre

**Please call to book an
appointment for:**

- **LifeLabs**
- **Dietitian**
- **Diabetes Educator**
- **Hearing Clinic**

Sept 21 @ Shebandwan
Community Centre

Sept 28 @ O'Connor
Community Centre



Follow us!

NorWest Community
Health Centres -
Kakabeka Falls Clinic

www.norwestchc.org